

# HAIR

## CUTTING (PRICES FROM):

WASH CUT AND BLOW DRY	£33
RESTYLE	£40
GENTS CUT	£17
WET CUT	£25
CHILD CUT	£15
BLOW DRY	£25

## COLOURING\* (PRICES FROM):

FULL HEAD COLOUR	£45
ROOT TOUCH-UP	£33
HIGH/LOW LIGHTS (CAP)	£40
FOILS T-SECTION	£50
FOILS HALF-HEAD	£60
FOILS FULL-HEAD	£70
TONER	£20
COLOUR CORRECTION	£90
BALAYAGE/OMBRE	£POA

## PERMING (PRICES FROM):

PERM	£60
SPIRAL PERM	£90

## HAIR UP (PRICES FROM):

WEDDING	£POA
HAIR-UP	£30
PLAIT	£10

\*ALL COLOURING SERVICES MUST BE BOOKED IN CONJUNCTION WITH A CUT AND BLOW DRY, OR BLOW DRY.

# NAILS

## HANDS AND FEET (PRICES FROM):

MANICURE £26  
FILE, CUTICLE TIDY, HAND & ARM MASSAGE,  
NAIL PAINT

LUXURY MANICURE  
INCLUDES ALL BASIC MANICURE,  
WITH INVIGORATING SCRUB  
WARMING MASK AND HOT MITTS £35

PEDICURE  
FILE, SCRUB, FOOT MASSAGE AND NAIL PAINT  
OF YOUR CHOICE £30

LUXURY PEDICURE  
ALL THE BASIC TREATMENTS OF A PEDICURE,  
PLUS HARD SKIN REMOVAL, MASK AND HOT MITTS £40

PEDICURE AND GEL OVERLAY £45

## GEL NAILS

FULL SET - HANDS £27

FULL SET - FEET £25

SOAK OFF (NO MANICURE) £10

## NAIL EXTENSIONS

EXTENSIONS WITH GEL £45

EXTENSIONS WITH ACRYLIC + GEL £50

SCULPTING £55

NAIL REPAIR (FROM PER NAIL) £3

NAIL ART (FROM PER NAIL) £0.50P

INFILLS £30

# NAILS

## BIO SCULPTURE.

BIO SCULPTURE CREATES INNOVATIVE, HIGH PERFORMANCE GEL PRODUCTS. EVERY BIO SCULPTURE MANICURE IS TAILORED TO THE CLIENTS INDIVIDUAL NEEDS AND NAIL TYPE.

BIO SCULPTURE GEL CAN CHANGE THE NAIL SHAPE AND CREATE STRENGTH AND LENGTH TO ENSURE A FLAWLESS FINISH.

BIO SCULPTURE IS VEGAN, CRUELTY FREE AND CONTAINS NO DEHYDRATORS, PRIMERS OR BONDERS.

GEL OVERLAYS	£36
INFILLS	£30
SOAK OFF GEL, MINI MANICURE WITH VARNISH	£30
SOAK OFF GEL, MINI MANICURE WITH GEL	£30
GEL OVERLAYS ON TOES	£26
PEDICURE WITH GEL TOE OVERLAYS	£45
SOAK OFF GEL TOES, MINI PEDICURE WITH VARNISH	£25

PLEASE NOTE THAT ALL GEL NAILS ARE GUARANTEED FOR 7 DAYS

# WAXING AND EYE TREATMENTS

FULL LEG	£30
FULL LEG (INC: STANDARD BIKINI)	£35
THREE QUARTER LEG	£25
HALF LEG	£20
BIKINI	£13
HIGH BIKINI LINE	£17
HOLLYWOOD / BRAZILIAN	£30
UNDER ARM	£13
FOREARM	£15
FULL ARM	£20
LIP	£8
CHIN	£8
CHEST	£30
BACK	£30
EYEBROW	£8
<b>EYE TREATMENTS.*</b>	
BROW LAMINATION	£32
LASH LIFT	
CREATES LONGER, LIFTED LASHES WITH CURL AND DEFINITION	£27
LASH LIFT AND TINT	£37
EYELASH TINT	£16
EYEBROW TINT	£10
EYEBROW SHAPE	£8

**\* SKIN TESTS MUST BE PERFORMED 24 HOURS  
PRIOR TO TREATMENT.**

**PLEASE REMOVE ALL MAKE-UP BEFORE  
ATTENDING YOUR APPOINTMENT.**

# FACIALS

TEMPLE SPA: INDULGENT SPA PRODUCTS INSPIRED BY THE MEDITERRANEAN. AFTER IN-DEPTH SKIN ANALYSIS, PRODUCTS WILL BE CHOSEN TO SUIT YOUR INDIVIDUAL SKIN CARE NEEDS.

45 MINUTES £50

60 MINUTES £60

90 MINUTES £80

## DERMA-PLANING

USING A SPECIALIST TOOL, THIS COSMETIC PROCESS REMOVES DEAD SKIN CELLS, PEACH FUZZ AND POLLUTANTS FROM THE SKIN'S SURFACE, LEAVING YOU WITH A SMOOTH AND RADIANT APPEARANCE.

60 MINUTES £60

# MASSAGE THERAPY'S

## HEAD SPA

EXPERIENCE THE ULTIMATE RELAXATION AND REJUVENATION WITH OUR LUXURIOUS JAPANESE HEAD SPA, DESIGNED TO SOOTHE YOUR SENSES & REVITALISE YOUR SCALP. NOT ONLY DOES IT PROVIDE A SOOTHING SCALP MASSAGE TO RELEASE TENSION, BUT IT ALSO EFFECTIVELY REMOVES IMPURITIES AND BUILD-UP.

RELAX WITH A NECK AND SHOULDER MASSAGE WHILST YOUR HAIR MASK IS ACTIVATING. THIS TREATMENT ALSO COMES WITH A FACIAL MASSAGE FOR ANTI-AGEING AND FACIAL TENSION ENJOYING THE GLOWING BENEFITS FROM A FACE MASK FOR YOUR SKIN.

60 MINUTES £100

120 MINUTES £165

## SCALP THERAPY MASSAGE

USING BAY, MAY CHANG, YLANG YLANG, ROSEMARY OIL - ESSENTIAL OILS WITH ARGON OIL, HELPING TO PROMOTE FEELINGS OF CALM AND TRANQUILITY AND HEALTHY HAIR.

30 MINUTES £42

## FOOT RITUAL

RELAXATION, STRESS RELIEF, IMPROVED BLOOD CIRCULATION, REDUCED MUSCLE TENSION, PAIN RELIEF, ENHANCED MOOD AND IMPROVED OVERALL WELL-BEING.

30 MINUTES £37

## REFLEXOLOGY

REFLEXOLOGY FOCUSES ON REFLEX MAPS OF POINTS AND AREAS OF THE BODY IN THE FEET. USING UNIQUE MICRO-MOVEMENT TECHNIQUES, SUCH AS THUMB OR FINGER WALKING, WITH THE GOAL OF CREATING A RESPONSE THROUGHOUT THE BODY.

REFLEXOLOGY INCLUDING FOOT SOAK (60 MINUTES) £50

# MASSAGE

## **AROMA/RELAXATION MASSAGE**

AS THE NAME SUGGESTS, THIS MASSAGE IS A SMOOTH AND GENTLE TREATMENT THAT RELIEVES MUSCULAR TENSION, INCREASES CIRCULATION, AND PROMOTES A GENERAL SENSE OF RELAXATION USING PREMIUM QUALITY ESSENTIAL OILS.

BACK, NECK AND SHOULDER (30 MINUTES)	£37
FULL BODY (60 MINUTES)	£55
FULL BODY (90 MINUTES)	£87

## **PREGNANCY MASSAGE**

THIS MASSAGE IS DESIGNED TO RELIEVE SOME OF THE PROBLEMS THAT ARE COMMON DURING PREGNANCY. IT CAN RELIEVE STRESS AND REDUCE SWELLING IN YOUR ARMS AND LEGS. **MUST BE PAST FIRST TRIMESTER.**

30 MINUTES	£37
60 MINUTES	£55

## **SPORTS MASSAGE**

SPORTS MASSAGE FOCUSES ON ENHANCING CIRCULATION, INCREASING TISSUE ELASTICITY AND REDUCING MUSCLE TENSION. SPORTS MASSAGE IS USED TO HELP RELIEVE TIGHT MUSCLES AND STRESS BUILD UP FOR THOSE WHO PARTAKE IN REGULAR PHYSICAL ACTIVITY.

30 MINUTES	£37
60 MINUTES	£55

## **HOT STONE MASSAGE**

THIS TYPE OF MASSAGE ALLOWS YOU TO ENTER INTO A STATE OF RELAXATION AS THE THERAPIST WORKS TO RELIEVE MUSCLE PAIN AND TENSION. THE HEAT WITHIN THE STONES RELAXES THE MUSCLES, MAKING THEM MORE PLIABLE.

BACK, NECK, SHOULDERS (30 MINUTES)	£40
FULL BODY (60 MINUTES)	£65
FULL BODY (90 MINUTES)	£90

## **CBD MASSAGE**

A CBD MASSAGE IS DEEPLY RELAXING, DESIGNED TO MELT TENSION AWAY AND PROMOTE A CALMING EFFECT, SOOTHING INFLAMMATION AND CHRONIC PAIN.

HALF BODY (30 MINUTES)	£37
FULL BODY (60 MINUTES)	£55

## **DEEP TISSUE MUSCLE MELT MASSAGE**

COMBINING STIMULATING LEMONGRASS WITH LAVENDER AROMATHERAPY DEEP TISSUE MASSAGE THERAPY, THIS CONCENTRATED TREATMENT WILL RELEASE TENSION IN SORE AND TIGHT MUSCLES, RELIEVE DEEP STRESS AND ENHANCE THE BODY'S CIRCULATION.

30 MINUTES	£37
60 MINUTES	£55
90 MINUTES	£87

## **HOPÍ EAR CANDLING**

HOPÍ EAR CANDLES ARE USED TO TREAT THE EARS, NOSE AND THROAT. UNLIKE CONVENTIONAL WAX CANDLES, HOPÍ IS IN FACT A COTTON TUBE, INFUSED WITH BEESWAX AND THERAPEUTIC OILS

APPROXIMATELY 45 MINUTES	£30
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# OTHER TREATMENTS

## ELECTROLYSIS (PRICES FROM):

SKIN TAG REMOVAL	£40
ELECTROLYSIS HAIR REMOVAL	£15

## EAR PIERCING

EAR PIERCING IS PERFORMED WITH THE USE OF A STUD GUN. A CHOICE OF ANTI-ALLERGEN STUDS (TITANIUM) AVAILABLE. AFTER CARE SOLUTION INCLUDED.

PRICE FOR ONE OR BOTH EARS	£25
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